



# The LUMinary

LAINGSBURG UNITED METHODIST CHURCH • PASTOR ELBERT DULWORTH • 210 N. CRUM ST.  
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## **April birthdays & anniversaries**

- April 3 Judy Wagner
- April 3 Dale Baumgras
- April 6 Madelyn Angst
- April 15 C.J. Kjolhede
- April 19 Rick Hart
- April 19 Joan Peck
- April 26 Sean Divine
- April 29 Hanna Angst
- April 29 Julia Angst

## **Sharing our prayers**

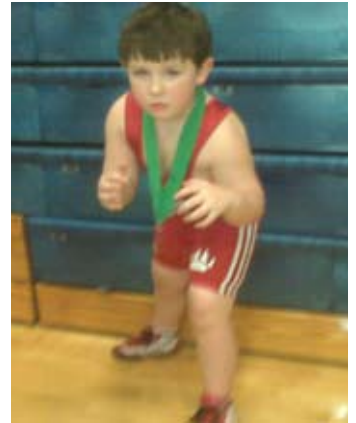
By now most of you have noticed the wooden box hanging on the bulletin board. A prayer group has been formed and each Sunday after service, the “prayer team” will gather to pray over the concerns found in the box.

Please feel free to place your concerns inside, knowing they will be kept in the confidence of the prayer team and the pastor.

## **Sean does us proud, runnerup at Regionals**

Sean Divine brought home the runner-up trophy from the MYWA (Michigan Youth Wrestling Association) Regional Wrestling Tournament in Mason.

Sean wrestles for the Laingsburg Youth Wrestling club coached by Steve Walker. Sean’s dad, Marty, helps with practices and coaches Sean at the side of the mat. Sean’s mom, Deb, sits in the stands and cheers (and gets very nervous, she says).



Sean started wrestling this winter, in the 4 to 6 age group, weight class 77 pounds (he weighs 72 pounds). At the central regional tournament in Mason, he won his first match in points, lost the second match for first place and won the match to determine true 2nd.

Sean is a kindergartner at Laingsburg Elementary School, in Mrs. George’s class.

## ***Come join the fun effort that makes our Chicken Dinner so successful***

As we are moving through Lent and looking forward to the joy of Easter in the life of the church, so it is with the Chicken Dinner as we are coming out of the long winter months and gearing up for spring with warmer weather and more customers coming to partake of our meals. Attendance since October has ranged from a high of 119 to a low last month of 92, mostly due to nasty weather. Our profits have followed accordingly, ranging from a high of \$700 down to \$525, averaging about \$600/month. We have made some adjustments going forward as far as the amount of food prepared, hoping to cut down on leftovers and expenses each month.

There also are a number of volunteer positions that we need to address. To begin with, we are in need of someone to be in charge of having pies brought in each month and to coordinate the potato peelers (yes, those are real potatoes we serve each month!) on Saturday morning. There is a long list of people who bake pies each month, and that shift involves contacting people to confirm the number of pies for the dinner. There is also a faithful group that peels potatoes each month, so that is a matter of making sure they are available or that someone can fill in if there are absences.

We are looking for someone who would be willing to learn to make the biscuits—usually on Saturday afternoon of the dinner—and could trade off every other month or fill in as needed. There is a recipe and everything that is required waiting at the church. During the April dinner would be a great time to come in and learn the ropes.

We also are looking for chefs who would like to get into the rotation for cooking the mashed potatoes, veggies and even making gravy. Once again, you would be given as much on-the-job training as you would like and can begin the process at any upcoming chicken dinner.

If you can commit just two to three hours each month—or even every other month—to help out the church’s fundraising efforts, please contact Jeff and Jan Holyfield at 651-2904 or [jjholy@cablespeed.com](mailto:jjholy@cablespeed.com) or contact the church office. And remember—the Chicken Dinner needs *YOU*, and the Church needs the Chicken Dinner.

## Church camp this summer

A \$75 deposit will hold your place in church camp this summer.

Register now for a memorable camp experience. All additional fees must be paid by May 15.

More information on church camp is available in the narthex.

## Family Bell Choir plays

The Family Bell Choir practices on April 17th and plays on Easter Sunday.

## Spring means growing season

Spring is coming: Time to think about the garden and flower boxes around the church.

The daffodils are pushing up through the leaves now. Raking will have to be done on the east side around the tulips.

The mums on the south side have to be cut back and flowers will have to be planted in the four boxes on the sides and front of the building.

If you feel this is something you'd like to do, please contact the church office or Coralie George.

## Flowers for Easter

Easter flower orders need to be into the office by Sunday, April 17th, please. Watch the bulletin for more information.

# Coping with loss of a loved one



Dear Counselor Bill,

**I lost my brother tragically 9 years ago. I thought things would get easier over time, but they don't. In fact, the pain seems to get worse. I miss him terribly and it's like there is a huge hole I can't fill. Is this normal, Bill? How do I get past the pain of his death?**

All of us who grieve will not experience a loss in exactly the same way. Because grief is a unique experience, each grieving individual will need a different amount of time and be affected in different areas of our life than another grieving person. There is no magic formula for how much or how long the pain and hurt will last. But there are common responses to loss that will promote healing and growth. The natural healing response to loss is a process called **grief**. Grief is a natural part of the cycle of change. Grief is a **normal** response. Each grief experience is unique. Grief is experienced physically, spiritually, mentally, emotionally, and socially. Grief is painful, at times overwhelming. Grief is something we journey through towards healing, not something we "get over". **"Laughter cannot mask a heavy heart. When laughter ends, the grief remains" Proverbs 14:13**

To me, there is no such thing as "getting over it". The loss of a loved one creates a missing part in our heart. A hole, so to speak, that will never disappear but the grief may be managed in an appropriate and constructive manner if we are open to the necessary tasks in the work of grief. I do not personally adhere to the psychobabble word "closure".

I believe in managing our grief so that it does not paralyze us in living each day. Grief can be healed if that is our choice and if we are open to the necessary tasks involved in the work of grief. Life never stays the same. The comfort and security of life staying the same isn't realistic. Life changes constantly, sometimes in even a day. We experience many losses in a lifetime and they affect us, individually, in many different ways. Your grief appears to be what is called chronic or prolonged grief. Although the death of your brother occurred over nine years ago, it may be difficult to speak about it without intense, overwhelming pain. Even with years after the loss, unrelated events ( sounds, sights, odors, key words in conversations ) may still trigger intense grief responses. Themes of loss repeatedly come up in daily conversations or you may not have resumed "normal" day to day functioning.

Without more detail about the loss of your brother, it is difficult to be more specific in answering your question. I suggest it may be very helpful for you to engage in a grief support group and/or individual counseling to address your feelings and thoughts regarding your loss.

***In 2 Corinthians 1:3-4 it states: "What a wonderful God we have - He is the Father of our Lord Jesus Christ the source of every mercy and the one who so wonderfully comforts and strengthens us in our hardships and trials. And why does He do this? So that when others are troubled needing our sympathy and encouragement, we can pass on to them this same help and comfort God has given us."***

A list of Mourner's Rights:

1. You have the right to experience your own unique grief.
2. You have the right to talk about your grief.
3. You have the right to feel a multitude of emotions.
4. You have the right to be tolerant of your physical and emotional limits.
5. You have the right to experience "griefbursts", sudden, powerful surges of grief.
6. You have the right to make use of healing rituals.
7. You have the right to embrace your spirituality.
8. You have the right to search for meaning in life and death.
9. You have the right to treasure your memories.
10. You have the right to move toward your grief and heal.

-- God Bless, Bill

\* Bill, a member of our church, is a Licensed Professional Counselor, Certified Advanced Addictions Counselor, National Certified Counselor and obtained a Masters Degree in Professional Counseling from Central Michigan University.

## A fix-it job well done

A special thank you from our Food Bank:

Bob Saxton and the Food Bank would like to acknowledge Ed Kemp and Ed Parker for the wonderful work they did on the door to the pantry.

Thanks for a job well done!

## Support for the homeless

With a Google map in one hand and Lucy's GPS plugged in, we loaded up in the old van and drove to Grand Blanc for our session on "Social Action For The Homeless." Rev. Horne was a very dynamic speaker. Here are some of the things he talked about:

People who are homeless will find out where the Soup Kitchens are, and the places that will help them. They don't bother anyone, and they don't beg for anything. Most of them will get up every morning and try to find bottles and cans that they can cash in. They will look for odd jobs. They are just trying to survive just like everyone else is trying to do. People who are homeless will look for bottles, cans and any kind of work to make a few dollars. They don't mess with anyone, but they are a constant target for people who dislike people who are homeless. Often while they are collecting bottles, people will beat them up and take their bottles and any money that they have. Sometimes they are even robbed of the clothes off their backs.

Most people's perception of someone who is homeless is someone who has a prison record, someone hooked on drugs, someone who is a thief and a liar, someone who is lazy, and someone who is a bum, someone that you cannot trust, and the list can go on and on. These are all false perceptions.

If a homeless person visited your church, would you welcome them with the love of Christ, or would you avoid them and just stare at them?

Would you have room for a "cot" for a "homeless" person in your home? Something to think about ...

P.S.: Think of the thousands of people who will be "homeless" in Japan for years, and pray for them.



I may not be a Rembrandt,  
I may not be a Shakespeare,  
But I think God has given me a talent,  
He really wants me to share.

My paintings aren't exquisite,  
my crafts are far from rare,  
But I think God's given me a talent,  
He really wants me to share.

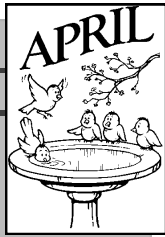
My writings aren't Frost's by a long shot,  
my poetry my friends have to bear,  
But I think God's given me a talent,  
He really wants me to share.

My voice isn't Sandi Patti's,  
my songs may just be fair,  
But I think God's given me a talent,  
He really wants me to share.

If you think God has left out your talent,  
don't give up and don't despair,  
*I KNOW* God's given you some great gifts,  
He really wants you to share!

-- Photos by CLINT HAWKS,  
poem by CORALIE GEORGE



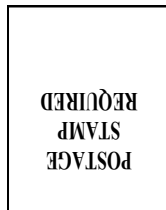


# Laingsburg United Methodist Church April 2011

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1	UMW Prayer B-fast 8:30am Fenton Clothesline 9-1 DINNER 5-7pm
4th Sunday in Lent Worship 10am/Spec. Offering Food Bank Collection Trustees Meet 11:15 Disciple Bible Study 4pm	3	Office Closed → 4 UMW 10:30am Food Bank 1-3 Care Group 1:30 Weight Watch 5-7	→ 5 Quilter's 10am	→ 6 LBA 8am Bells 7pm Choir 7:30pm	→ 7	→ 8	Clothesline 9-1 Community Singers Concert @ St. Isidore's 7pm
5th Sunday in Lent Worship 10am Community Singers Concert 4pm @ St. Isidore's Disciple Bible Study 4pm	10	11 Food Bank 1-3 Care Group 1:30 Weight Watch 5-7 Finance 7pm Council 8pm	12 Scrap-booker's 6:30pm	13 13-18th UMW Wash. DC bus trip Bells 7pm Choir 7:30pm	14 Food Bank 6-8pm Scrapbooker's 6:30pm	15	16 Clothesline 9-1
Palm Sunday Men's Breakfast 8:30am Worship 10am Disciple Bible Study 4pm	17	18 Food Bank 1-3 Care Group 1:30 Weight Watch 5-7 Work Areas 7pm	19 Quilter's 10am	20 Bells 7pm Choir 7:30pm	21 Food Bank 6-8pm Maundy-Thursdays Service at Congregational Church 7pm	22 Good Friday Service 7pm	23 Clothesline 9-1
Easter Sunday Sunrise Service 8am Breakfast 8:30am Easter Egg Hunt 9am Worship 10am	24	25 Food Bank 1-3 Care Group 1:30 Weight Watch 5-7	26 Scrap-booker's 6:30pm	27 Bells 7pm Choir 7:30pm	28 Food Bank 6-8pm	29	30 Clothesline 9-1

With the help of our children, we will again be collecting a noisy offering every Sunday during the month of May. The money collected this year will be used to purchase animals for countries who need livestock to help their villages. We have found that Heifer International can provide a water buffalo for \$250 dollars. A water buffalo can change the life for a village by bringing up water and by carrying things. A whole ARK costs five thousand dollars—but we are hopeful of supplying chickens, goats, sheep or a water buffalo. Please start saving your change and we hope to be able to supply the needs of a village through this project. Thanks!

**Ambitious project for LUMC children**



ADDRESS SERVICE REQUESTED

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